ESS ICE Eye Shields and Vice Rx Insert Review

Having worn glasses more than half my life now I have never really had a good set of glasses for shooting until I received the ESS ICE 2X kit and the Vice RX insert. The ICE 2X 3 lens kit came in a nice carrying case which contained two complete sets of glasses in clear and rose tint lens and another yellow lens, anti fog cloth and an elastic retention strap . Having the complete sets makes it easier as you don't have to change out lens as often although that is an easy process. I also received a smoke gray lens with my order as well as the wire rimmed Vice Rx insert.

The ICE shields themselves are very well made and inexpensive for what you get but by no means cheap. The lenses are all 2.4mm impact resistant and exceed ANSI Z87.1-2003+ and US military .15 caliber impact test MIL-PRF-31013. This is very important while shooting and anyone who has had a case head let go, ricochet or splash back from steel pistol targets or a similar experience can tell you. Protecting your eyes is very important. Changing out the temple and nose piece from one lens to another is as easy as unsnapping them from the lens and putting them on the other lens. The temple pieces are also nice in that they flex to fit around your ears for a custom fit or you can leave them straight. Also they are fully adjustable for temple length.

Wearing the ICE shields is very comfortable. They stay on my face very well and don't slip even with the added weight of the Vice Rx insert. The lenses are well made and don't distort the sight picture at all.

The Vice is one of the two Rx inserts offered by ESS, the other being the P-2B. Both don't only work with the ICE system but also with other eye wear offered by ESS like the excellent Advancer V-12(Vice) and the Profile NVG and Turbo Fan series of goggles (P-2B). ESS offers to get the Rx lenses made for you on their site using Terry from Mountain West Optical. This was the route I took and I couldn't have been happier. Terry took care of my optical needs on not just the Vice insert but also putting Rx lenses in my ESS Fusion sunglasses. Yes, ESS also offers a line of sunglasses which are not only stylish but also impact resistant.

So if you are looking for eye wear for shooting, the ICE system, or just wearing everyday, in their line of sunglasses and don't just want good looks but protection then look no farther than ESS. Please check out their site at www.essgoggles.com